



Spring 2024 Opening Practices and Tryouts

Team	Date	Time	Location
Varsity Baseball	February 12	3:30 – 5:30 p.m.	Couch Baseball Complex
Varsity Girls Soccer	February 26	3:30 – 5:30 p.m.	Hathaway Field
Varsity Track	March 4	3:30 – 5:00 p.m.	High Point Athletic Complex
Varsity Boys Tennis	March 4	3:30 – 5:00 p.m.	Willow Creek Tennis Courts
Varsity Boys Golf	March 4	3:15 – 4:00 p.m.	Finch Center (Team meeting)
Middle School Baseball	March 4	2:25 – 4:00 p.m.	Couch Baseball Complex
Middle School Girls Soccer	March 4	2:25 – 4:00 p.m.	Hathaway Field
Middle School Boys Golf	March 4	2:25 – 5:00 p.m.	Emerywood Country Club
Middle School Track	March 4	3:30 – 5:00 p.m.	High Point Athletic Complex

Dates and times are subject to change.

- All Middle and Upper School students are invited to attend opening practices and try out for the fall [sports teams](#). The athletic staff and coaches encourage students of all skill levels to explore the athletic opportunities available and participate in the season. Some teams are open to beginners while others may need to limit rosters through tryouts. Please be aware that cuts are possible and that spots on a team are not guaranteed from year to year. The school's intention is to include as many students as will allow for a quality program to exist.
- Students in grades 7-12 are eligible for Varsity teams, and grades 6-8 are eligible for Middle School teams. Middle School students who qualify to move up to a JV or Varsity level will only be allowed to do so with parent permission.
- For the health and safety of student-athletes, sports physicals and required forms must be completed each year before the first practice of a particular season. The Sport Participation History and Physical Form and the Concussion Form must be submitted through Magnus Health. A copy of the Sport Participation History and Physical Form is available to download from the [Parent/Student Portals](#) and must be signed by a physician.
- Game schedules will be published on the [athletic calendar](#) when finalized. Contact Adam Schwartz, director of athletics, at 336.822.4063 or adam.schwartz@westchestercds.org with questions.